

Walter E. Harris Hurricanes!

November 2020



“A unique and caring experience”

“Me tient à coeur.”

PRINCIPAL'S CORNER!



Safe Arrival Line

24 hours

Toll Free Number:

1-844-350-2646

Website:

attendance.ddsb.ca

Principal

Trina Lewis

Vice Principal

Michael Loscavo

Administrative Assistants

Melody Colatosti

Kathleen Park

Superintendent

Jack Nigro

Administrative Officer

Michael Bowman

Oshawa Trustees

Michael Barrett

Darlene Forbes

Dear WEH Families,

We hope this update finds you all well and safe during a time in which restrictions and guidance continue to evolve throughout the province, within the region and our community. Elevated case counts are a reminder to us all, that we must continue to follow the measures put in place to keep us all safe. Thank you, families, for taking daily precautions - self screening for yourself and your child(ren) and limiting your own family contact to minimize risks and transmission.

In addition to the self screening tool (<https://covid-19.ontario.ca/school-screening/>), that you can use to self assess, there have been some updates to the Covid protocols and there are some changes to note, depending on symptoms. Please refer to, “My Child Did Not Pass the Covid-19 Screening...Now What?” and the “What Do I Do If my Child is Sick?” on pages 2-7 of this newsletter.

When we have a Covid case at school:

All our efforts to implement safety protocols are intended to minimize risk and spread. Once a Covid case is identified within a school there is a response plan in place for us to follow. Durham Region Public Health, DDSB Superintendents and our school administration team work together in conjunction with our Public Health Nurse to provide the necessary information for Public Health to complete Contact Tracing and to ensure that communication of the event can be relayed to affected individuals and families.

There are a number of resources and updates available for families to access on the [Durham Region Covid Update page](https://www.durham.ca/en/health-and-wellness/novel-coronavirus-update.aspx) (<https://www.durham.ca/en/health-and-wellness/novel-coronavirus-update.aspx>).

Wishing everyone a safe week and month ahead. At any time, if you have any questions, thoughts or concerns, please contact us at the school (905.728.4532) or through email.

Stay well!

Trina Lewis (Principal) and Michael Loscavo (Vice Principal)

Address

495 Central Blvd North,
Oshawa, ON
L1G 6A2
Canada

Website:

<http://www.ddsb.ca/school/waltereharris>

My Child Did Not Pass the COVID-19 Daily Screening. Now What?

(Please see <https://covid-19.ontario.ca/school-screening> for symptoms and daily screening.)

NOTE: If your child has none of the symptoms of COVID-19 listed below, AND they have not travelled outside of Canada in the past 14 days, AND they have not been identified as a close contact of someone who is confirmed as having COVID-19 AND have not been directed by a healthcare provider or public health to isolate → they may go to school and/or child care.

If your child has a new or worsening symptom (not related to a known cause or condition):

- Fever/chills
- Cough
- Shortness of breath
- Decreased or loss of smell or taste

OR

If your child has **TWO** or **MORE** new or worsening symptoms (that are not related to a known cause or condition) that include:

- Sore throat
- Stuffy nose/runny nose
- Headache
- Nausea and/or vomiting*
- Diarrhea*
- Fatigue/lethargy/muscle aches or malaise

STOP

Your child must not attend school or child care. Contact the school or child care to let them know.

Your child should isolate and visit a COVID-19 assessment centre for testing and/or seek medical advice, if required.

Follow the return to school and child care protocol for children/students on page 2.

STOP - If symptoms get worse

See pg.2

If your child has **ONE** new or worsening symptom (that is NOT related to a known cause or condition) that include:

- Sore throat
- Stuffy nose/runny nose
- Headache
- Nausea/vomiting/diarrhea*
- Fatigue/lethargy/muscle aches/malaise

WAIT

Your child should stay home for 24 hours to be monitored to see whether the symptoms get better or worse.

GO - If symptoms improve

If within 24 hours your child starts to feel better and symptoms are improving, they can return to school and/or child care when well enough to do so. COVID-19 testing is not needed.

If your child has:
Travelled outside of Canada in the past 14 days.

OR

Been identified as a close contact of someone who is confirmed as having COVID-19.

OR

Has been directed by a healthcare provider or public health to isolate.

STOP

Your child must not attend school or child care. Contact the school or child care to let them know.

Your child should isolate (stay home) and follow the advice of the Durham Region Health Department.

If your child develops symptoms, you should visit a COVID-19 assessment centre for testing and/or seek medical advice, if required.

Follow the return to school and child care protocol for children/students on page 2.

See pg.2

When Can My Child Return to School or Child Care?

If your child was advised to isolate immediately and to visit a COVID-19 assessment centre for testing and/or seek medical advice, if required, then follow the steps below to determine when they can return to school.

Negative COVID-19 Test Result

If your child was tested for COVID-19 they are required to self-isolate until test results are available.

If the test results are negative, your child may return to school or child care if all three of the following criteria are true:

They do not have a fever (without taking medication)

AND

It has been at least 24 hours since symptoms started improving

AND

They have not been in close physical contact with a person who currently has COVID-19.

Not Tested for COVID-19

If your child received an alternate diagnosis from their primary health care provider (i.e. it is not believed to be COVID-19), your child may return to school or child care once it has been at least 24 hours since symptoms started improving.

OR

If your child has not been given an alternate diagnosis and was not tested for COVID-19, they must begin a self-isolation period for minimum of 10 days from the start of their symptoms. After self-isolating for 10 days, they may return to school or child care if they do not have a fever and if it has been at least 24 hours since their symptoms started improving.

Positive COVID-19 Test Result

If your child received a positive COVID-19 test result, they can return to school or child care when:

They have completed 10 days of isolation after the onset of symptoms

AND

No longer have a fever

AND

Symptoms have been improving for at least 24 hours.

Medical documentation is not required to return to school.

All household members of the symptomatic child are to self-monitor for 14 days. They can continue to go to child care, school or work as long as they have not developed symptoms themselves, and as long as the ill child has not been diagnosed with COVID-19.

***If your child's symptoms include nausea, vomiting, or diarrhea, you should keep your child home until they are symptom free for 48 hours to prevent other illnesses from spreading.**



Last revised October 8, 2020

Please note:

In general, children should no longer have a fever and their symptoms should be improving for at least 24 hours to be able to return to school/child care.

HAVE YOUR CHILD TESTED

Assessment centres are located throughout Durham Region and listed on durham.ca/coronavirus.

Testing for children may include the following depending on the assessment centre and the health care provider:

- Nasopharyngeal swab – a thin flexible swab is inserted into the nose to the back of the nose/throat (preferred and recommended method)
- Throat swab – a larger, sturdier swab is inserted into the mouth to the back of the throat/tonsils area (alternative testing method for children who cannot tolerate a nasopharyngeal swab)

IF YOU CHOOSE NOT TO HAVE YOUR CHILD TESTED

It is difficult for a health care provider to rule out COVID-19 without a test. The actions you take to understand your child's symptoms will impact when they can return to childcare and/or school. **Children who are tested may be able to return to child care or school sooner than if they are not tested.**

If the screening tool indicates that your child should be tested for COVID-19 and/or should seek medical assessment, if required, and you choose to have your child assessed by a health care provider:

- Then, if the healthcare provider gives an alternate diagnosis (i.e. not COVID), your child can return to school and/or child care after symptoms start improving for at least 24 hours.
- If the health care provider gives an alternate diagnosis which is clearly non-infectious, they can return to school and/or child care prior to symptom improvement.

If the screening advises that your child should be tested for COVID-19 and/or should seek medical assessment, if required, and you choose not to have your child tested or seen by a health care provider:

- Then your child will need to isolate (stay home) for 10 days from the time their symptoms started (even if symptoms go away). After self-isolating for 10 days, they may return to school and/or child care if they have been at least 24 hours without a fever (without taking medication) and if their symptoms are improving.
- Due to the mild and/or fairly brief duration of symptoms often seen with COVID-19, it is difficult for a health care provider to rule out COVID-19, without testing or an alternate diagnosis.
- If there is a positive COVID-19 result, Durham Region Health Department (DRHD) will conduct case and contact management and provide guidance. For more information, refer to the LPHU's school protocol for when students/staff test positive for COVID-19 and school protocol for when a COVID-19 outbreak is declared.

HOW TO GET YOUR CHILD'S TEST RESULTS

For test results, visit covid-19.ontario.ca and click on "check your lab results" or check other laboratory online portals you already subscribe to (e.g. Life Labs, Dynacare).

WHAT DOES A NEGATIVE TEST MEAN?

If your child tests negative for COVID-19, it means the test could not identify the virus at the time their sample was collected. It does not mean that they will not be exposed to, test positive for or become sick with COVID-19 at any time after their test.

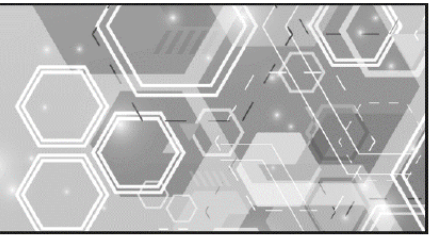
**Visit or contact Durham Health Connection Line if you have any questions at Monday to Sunday 830am – 6pm
1-800-841-2729**



Last revised October 8, 2020



Durham Region Health Department **Facts about...**



What do I do if my child is sick?

This information is important to read and understand if your child becomes ill. Children should not attend school, daycare or any other extracurricular activities if they become ill. Do not send your children to school if they do not pass the daily screening.

Please inform your child's school of your child's illness and absence.

Seek Medical Attention

If your child is ill please seek medical advice (e.g. family doctor, urgent care clinic etc.) including recommendations for testing for COVID-19.

COVID-19 symptoms

Common symptoms of COVID-19 include fever (temperature of 37.8 degrees Celsius or greater), new or worsening cough and shortness of breath.

Other symptoms of COVID-19 can include sore throat, difficulty swallowing, changes to sense of taste and/or smell, nausea/vomiting, diarrhea, abdominal pain and runny nose, or nasal congestion, headache, muscle aches and feeling tired.

Atypical symptoms of COVID-19 should be considered, particularly in children, older persons, and people living with a developmental disability. Atypical symptoms can include unexplained fatigue, body aches, delirium unexplained or increased number of falls, acute functional decline, exacerbation of chronic conditions, chills, headaches, croup, conjunctivitis, and multisystem inflammatory vasculitis in children.

Symptoms of multisystem inflammatory vasculitis in children may include persistent fever, abdominal pain, conjunctivitis, nausea, vomiting, diarrhea and rash.

Should my child get tested?

If your child has symptoms seek medical advice including the recommendation of testing for COVID 19 as appropriate or as advised by their medical provider. Visit <https://covid-19.ontario.ca/assessment-centre-locations/> for a full list of COVID 19 Assessment Centre locations, and book an appointment for COVID- 19 testing in Durham Region by completing the online assessment form at covidswab.lh.ca.

Siblings/staff of ill individual can remain in school until further medical advice is received and should self-monitor for symptoms. Please see the [Facts About COVID-19 Self-Monitoring](#).

If while self-monitoring you develop symptoms of COVID-19, you need to self-isolate and be tested for COVID-19 (and no longer attend work and school).

905-668-2020 or 1-800-841-2729 | durham.ca/health

If you require this information in an accessible format, contact 1-800-841-2729.



If any members of your household test positive for COVID-19, you will be contacted by Public Health directly with more detailed advice.

What should I do if my child's symptoms get worse?

Monitor your child's symptoms closely as symptoms may change throughout the progression of COVID-19. If your child's symptoms persist or worsen, and an initial swab is negative, complete the online assessment form (covidswab.lh.ca) for another assessment to determine the need for another test. If your child has worsening symptoms (such as difficulty breathing, chest pain) please call 911 or go to your local emergency department.

How can I protect myself?

Follow standard practices to prevent exposure and transmission of a range of illnesses including:

- Frequent and thorough handwashing with soap and water or use of hand sanitizer when hands are not visibly dirty.
- Coughing or sneezing into your sleeve or elbow and encouraging others to do the same.
- Washing your hands after handling nose and throat secretions (e.g., after throwing out used facial tissues).
- Avoid touching your face and clean your hands before touching eyes, nose or mouth.
- Practice physical distancing by limiting close contacts with people outside of your household and maintain 2 metres from other people if you need to go out.
- Wear a non-medical mask if you cannot practice physical distancing.
- Cleaning and disinfecting surfaces, especially those that are high touch areas.
- Do not share water bottles, straws, eating utensils, cigarettes, toothbrushes, toys or anything else that has been in contact with saliva, nose or throat secretions.
- If you are ill, stay at home and isolate yourself from others.
- Avoid close contact with anyone showing symptoms of respiratory illness such as coughing and sneezing.

If you are concerned about symptoms, contact your health care provider or Durham Region Health Department (DRHD) and wear a mask when attending medical appointments.

Return to school

If your child is experiencing any new or worsening **symptoms** (should not be chronic or related to other known causes or conditions) of **fever and/or chills, cough, shortness of breath or decrease or loss of smell or taste**, your child should stay home immediately. Contact your child's health care provider for further advice or assessment including if your child needs a COVID-19 test or other treatment.

If your child is showing **one** of the following new or worsening symptoms (**sore throat, stuffy nose and/or runny nose, headache, nausea, vomiting and/or diarrhea*, fatigue, lethargy, muscle aches or malaise**) your child **should stay at home for 24 hours** from when the symptom started. If the symptom is improving, your child may return to school when they feel well enough to do so. If symptoms persist or worsen, contact your child's health care provider for further advice or assessment including if your child needs a COVID-19 test or other treatment.

905-668-2020 or 1-800-841-2729 | durham.ca/health

If you require this information in an accessible format, contact 1-800-841-2729.



If your child has **two** or more of the following new or worsening symptoms (**sore throat, stuffy nose and/or runny nose, headache, nausea, vomiting and/or diarrhea***, fatigue, lethargy, muscle aches or malaise), your child should **stay home to isolate** immediately. Contact your child's health care provider for further advice or assessment including a COVID-19 test or other treatment.

Stay home and isolate immediately and follow the advice of public health if:

- Your child travelled outside of Canada in the past 14 days
- Your child has been identified as a close contact of someone who is confirmed as having COVID-19
- Your child has been directed by a health care provider including public health to isolate

Medical notes or proof of negative tests are not required for students to return to school.

*If your child's symptoms include nausea, vomiting, or diarrhea, you should keep your child home until they are symptom free for 48 hours to prevent other illnesses from spreading.

For instructions while waiting for COVID-19 test results please refer to [Facts About Novel Coronavirus \(COVID-19\) Instructions for individuals tested for COVID-19.](#)

School Community Council

ALL ARE WELCOME!

Next Meeting: December 7th 2020 at 6:00

The SCC is a group of interested parents, guardians and school members who meet once a month. This advisory body plans fundraising and student activities, working together to make the school a better place for all.

MEETING LINK WILL BE SENT ON THE DAY OF THE MEETING VIA SCHOOL MESSENGER

Spirit Wear



Moisture Wicking T-shirt
includes front logo
Size - Youth XS - XL
Unisex S - 4XL
\$15.00



100% Polyester
Moisture Wicking
Colours Available

Royal
Grey
Gold

Moisture Wicking Hoodie
includes front logo
Size - Youth 8 - 16
Adult S - 3 XL & 5XL
\$35.00



100% Polyester Fleece
Moisture Wicking
Colours Available
Black
Royal Blue
Marble Grey

Moisture Wicking Zip Hoodie
includes front logo
Size - Youth 8 - 16
Adult S - 3 XL & 5XL
\$40.00



100% Polyester Fleece
Moisture Wicking
Colours Available
Black
Royal
Marble Grey

Moisture Wicking Shorts
includes leg logo
Size - Youth S - XL
Adult S - 4XL
\$15.00



Moisture Wicking
Colours Available
Black

Spirit Wear



Cotton Elastic Cuff Sweat Pants
 includes side logo
 Adult S - 2XL
 Youth S - XL
\$25.00



50/50 Poly Cotton
Pre-shrunk
 Colours
 Black

2 Ply CLOTH MASK
 includes side logo
 opposite side has name box
\$6.50
 Colours - Black,
 Youth & Adult sizing

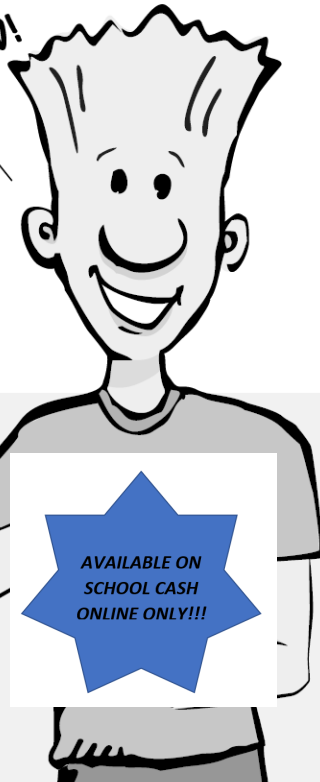


1/4 ZIP FLEECE TOP
 50/50 cotton/polyester fleece
 Black, Dark Heather Grey, Dark Navy.
 Adult S - 4XL - **\$30.00**

Student Name: _____		Teacher/Class _____		Due: _____	
Item	Size (please circle)	Colour (please circle)	Price	Optional Name Add \$5.00	Total
Moisture wicking T-Shirt	YXS YS YM YL YXL AS AM AL AXL A2XL Other	Black Grey Royal Gold	\$15.00	Optional Name Name _____	
Moisture wicking Hoodie	8 10 12 14 16 AS AM AL AXL A2XL Other	Black Marble Grey Royal	\$35.00	Optional Name Name _____	
Moisture wicking Zip Hoodie	8 10 12 14 16 AS AM AL AXL A2XL Other	Black Royal Marble Grey	\$40.00	Optional Name Name _____	
Track Pants	YS YM YL YXL AS AM AL AXL A2XL Other	Black	\$25.00		
Moisture wicking Shorts	8 10 12 14 16 AS AM AL AXL A2XL Other	Black	\$15.00		
1/4 Zip Fleece	Adult S S M L XL 2XL Other	Black, Dark Heather, Dark Navy	\$30.00	Optional Name Name _____	
2 Ply Cloth Mask	Youth Adult	Black	\$6.50		
				Total	

**AVAILABLE ON
 SCHOOL CASH
 ONLINE ONLY!!!**

Hi,
I'm NED!



Hey KIDS and families!

NED's Mindset Mission Assembly is visiting our school! NED and our students take a journey to find their positive mindset. The show is filled with storytelling, humor, illusions and amazing yo-top tricks where our kids learn the hidden message in NED's name:

- N**ever give up — understand The Power of YET
- E**ncourage others — spark courage in other people
- D**o your best® — always be learning and growing

Do you want to learn to yo? A yo-yo is both a mindset tool and a tangible reminder of NED's message. While learning to yo, children will make mistakes, try again and improve.

Our school yo-top sale

Our school received this assembly at no-cost because another school paid-it-forward to us. We want to help pay-it-forward too, and you can help by purchasing a NEDmessed yo-top.

SALE DATES: November 2nd - 11th **TIME:** @ 4:00pm

LOCATION: SCHOOL CASH ONLINE



Yo-top designs and colors may vary.

Make cheques payable to our school. Prices include tax (where applicable).

STUDENT ORDER FORM:

CLASSIC YOS

\$8

Learn the basics of yo-yoing with a fixed axle yo-top.



SUPER SPINNERS

\$10

Great for basic and intermediate tricks. With a strong throw, this auto-return yo-top 'sleeps' at the end of the string & then comes back to you automatically.



SPECIALTY SELECTION

\$15

Professional long spin yo-tops for next level tricks.



REPLACEMENT STRING PACK

Ten assorted strings to change color or replace a worn out yo-yo string.



\$4

YO-YO HOLSTER

Keep track of your yo and have it ready to go. Attach it to your belt loop or backpack (yo-top not included).



\$5

Name: _____

Teacher: _____

For more yo-yo fun and to learn tricks, check out:
NEDkids.com



Yo-yo designs and colors may vary.
Make cheques payable to our school.
Prices include tax (where applicable).

ITEM	PRICE	QTY.	SUBTOTAL
String Pack	\$4		
Holster	\$5		
Classic Yo	\$8		
Super Spinner	\$10		
Specialty Yo	\$15		
TOTAL DUE			



Black Youth Helpline

BRIDGING CULTURES | REACHING YOUTH | IMPACTING CHANGE

NOW CANADA-WIDE!!

Black Youth Helpline is pleased to announce that our STAY-IN-SCHOOL PROGRAM & SUPPORT SERVICES for Canadian Youth is now Canada-wide!!

NEW SUPPORT SERVICES

For Youth & Family, Schools & Other Youth Serving Organizations.

OUR FOCUS

Helping Canada's children and youth remain and succeed in school and community.

REACH US AT

Phone: 416-285-9944 or 416-739-8989
Toll Free #: 1-833-294-8650 / 1-833-BYH-8650
E-mail: NationalHelpline@bellnet.ca
Website: www.blackyouth.ca

We acknowledge the financial support of the Government of Canada





NATIONAL HELPLINE:

BRIDGING CULTURES FOR YOUTH SUCCESS IN SCHOOLS & COMMUNITY

WHAT WE DO

- Serve as the point of contact and support for youth, parents, schools, and key stakeholders who work with youth.
- Help youth and families address their concerns in the school system and in their communities.
- Help schools and other youth serving organizations understand and effectively manage the most vulnerable children and the multicultural challenges of working across cultures.
- Ultimately, we work in partnership to help achieve the best possible outcome for each child/youth/family.

HOW

- A National Consultation Team from across Canada will support National Office, staff and volunteers in service delivery. Representation reflects the rich diversity of peoples, culture, beliefs, knowledge, professions and churches/Faith Based Organizations.

WHY

- 25 years of Black Youth Helpline (BYH) experience has proved informing. We must intervene on behalf of youth with complex needs before severe problems arise.
- Needed are primary prevention approaches including a focus on parents and schools at the earliest possible point.
- A significant body of literature underline that suspensions and dismissals from schools are 3-4 times higher for vulnerable children.
- The word "drop-out" is often a misnomer. Repeated suspensions and dismissals fuel school failure and push students out of schools (Wilson, 2014). "We need to comprehend fully why schools fail some youths and conversely, why some students are falling school" (Dei, 1996).
- By helping youth, parents and schools succeed we increase the chances for productive futures for Canada's children.

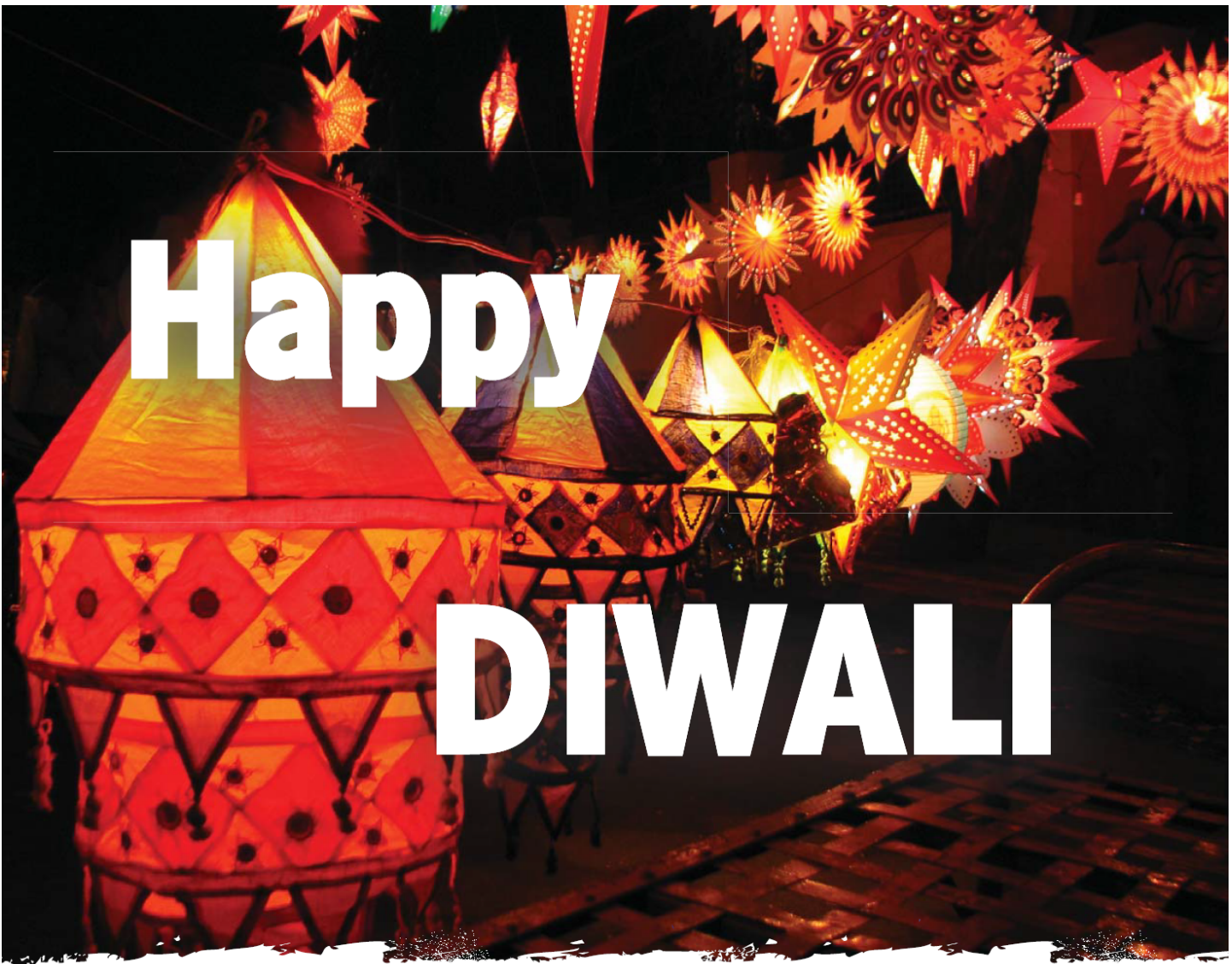
November is

Hindu Heritage Month

By proclaiming the month of November as Hindu Heritage Month, the Province of Ontario recognizes the important contributions that Hindu Canadians have made to Ontario's social, economic, political & cultural fabric. Hindu Heritage Month is an opportunity to remember, celebrate and educate future generations about Hindu Canadians and the important role that they have played and continue to play in communities across Ontario.

Support all dimensions
of diversity.





Happy DIWALI

For people who identify as Hindu, Diwali is the most popular festival of the year and means "garland of lights." Diwali lasts five days and the most important celebration takes place on the night before the new moon appears. During Diwali, Hindus light oil lamps (diyas) or candles in honour of Lakshmi, Vishnu's wife, the goddess of good fortune, wealth and happiness. People exchange Diwali greetings and gifts like dried fruit and sweets.





Thank You

November 11



Голодомор
HOLODOMOR
MEMORIAL DAY

Holodomor:

THE UKRAINIAN GENOCIDE

The Durham District School Board recognizes the fourth Friday in November as Holodomor Memorial Day. The literal meaning, from the Ukrainian word Holodomor, is death by hunger.

Holodomor was a human-engineered famine that led to the deaths of up to 10 million Ukrainians in 1932 and 1933. News reports and records of the genocide were denied by the Stalin regime and were subsequently suppressed by Soviet authorities for more than 70 years.

The Government of Canada and the Province of Ontario recognize Holodomor Memorial Day on the fourth Saturday in November.



Transgender Day of Remembrance

November 20

"Because our lives matter."

